

## Tic Tac Grow Seed List

Seed	Match
1. Pop corn seeds	Microwave popcorn
2. Wheat grain	Wheat crackers
3. Walnut meats	Walnuts in shell
4. Pumpkin seeds	Can of pumpkin
5. Corn seeds	Corn Nuts
6. Soybean seeds	Power bar or Soy snacks
7. Milled rice grain	Rice snack/candy
8. Pinto bean seeds	Can of pinto beans
9. Tomato seeds	Can of tomato paste
10. Mint seeds	Pack of gum
11. Broccoli seeds	*Broccoli plant/ broccoli
12. Unmilled rice grain	Rice snacks
13. Carrot seeds	*Leafy top carrots
14. Bell pepper seeds	*Bell pepper plant or bell pepper
15. Cotton seeds	Cotton applicators
16. Sugar beet seeds	Life savers
17. Sunflower seeds	Roasted sunflower seeds
18. Apple seeds	Apple sauce
19. Sesame seeds	Sesame seed oil
20. Red beet seeds	*Whole red beets with leaves

**\* = Perishable; Must be provided by recipient**